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Working with Community to provide Brain Injury Support & Awareness

07 572 4547 | 027 926 1881 | liaison.headwaybop@brain-injury.org.nz
www.braininjurybop.org.nz

JUNE 2024

NEWS

Headway BOP Brain Injury Awareness & Appeal 4 – 8 June 2024

Headway thanks supermarkets and venues opening their floor space for much needed charity fundraising.

Tuesday 4 June – Bethlehem Countdown and Katikati Countdown

Thursday 6 June – Papamoa Plaza

Friday 7 June – Mount New World – covered by Mount RSA team

Friday 8 June – Gate Pa New World

Thank you Volunteers, members, and venues assisting with Headway BOP Awareness & Appeal.

HILLIER CENTRE has been sold to MetLife Care, all tenants have been given a date Oct 2025. We have since heard that the current project is ahead of time. Headway will inform members once we have definite information and a replacement office.

NOTICEBOARD

Mt New World \$15.00 Voucher May lucky winner – Charmaine van den

Brekel. Thanks to Alan Rudkin, owner celebrating 23 years supporting the community.

Members and friends needing support with ACC or Ministry of Social Development (Work & Income) matters please contact the Headway office should you need assistance with correspondence or support at appointments. Phone office 572 4547, text 027 926 1881 or email liaison.headwaybop@brain-injury.org.nz

- * Any updated emails or phone no's please inform Admin.
- * New allowances for ACC Travel and Accommodation to and from appointments for clients updated to cover expenses.

UPCOMING EVENTS

EDUCATION SESSION: TUESDAY 4 June 2024 10.30am – 12.30pm

Guided Respiration Mindfulness Therapy (GRMT)

Presented by Alexandra Harrison, Registered Nurse

Sandpiper Room, Arataki Community Centre, Zambuk Way, Mt Maunganui

Alexandra is a Tauranga based registered nurse who has trained under Dr Lloyd Lalande founder of GRMT which is an evidence based model of breathwork beneficial for people who have suffered some form of trauma; beneficial for those experiencing anxiety and/or trauma, further research being undertaken in the area of chronic pain.

Refreshments provided; bookings to liaison.headwaybop@brain-injury.org.nz by

Thursday 4pm 30 May 2024. Ph 07572 4547 027 926 1881. This event is FREE

KATIKATI CARERS GROUP – Fri 7 June 2024

11am –12.30pm. Fairview Golf & Country Club Café, 55 Sharp Road, Katikati.

Contact Headway office 07 572 4547

Meets first Friday of every second month.

COMMITTEE MEETING – 11 June 2024

11.00am – 1.00pm Arataki Community Centre, Zambuk Way, Mt Maunganui

WOMENS GROUP – Thurs 20 June 2024

11.30am – 1.15pm at Cornerstone Pub, 55 The Strand, Tauranga.

Contact Liaison Officer 07 572 4547 027 926 1881

Meets third Thursday on the month from February to November.

WBOP Disability Support Trust – Networking Event – Fri 21 June 2024

10.15am – 12.30pm. Bethlehem Baptist Church 90, Bethlehem Road

Meet the new local mayoral candidates prior to the election” Note: An election in Tauranga will be held on 20 July where a Mayor and nine councilors will be chosen to replace the current Commissioners who were appointed by Government in December 2020.

To reserve your place, please contact Gill Gardner, phone/text 021 333900 or email coordinator.wbop.dst@gmail.com or Headway office 07 572 4547

SOCIAL OUTING – Thurs 27 June 2024

11.45am at Wendy’s Gate Pa, Tauranga. Bookings to Dianne 0 7572 4547 | 027 926 1881 | liaison.headwaybop@brain-injury.org.nz.

Meets fourth Thursday of the month approx. 11.30am to 2pm activities mainly include lunch at different reasonably priced restaurants, clubs, BBQs etc. Please inform the office of any new suggestions for outings. Welcome to all new members and friends.

ANNUAL GENERAL MEETING – Wed 28 Aug 2024

Starting 11am: Lunch 11.45am upstairs at the Tauranga Citizens Club. New Committee members will be required, looking forward to a flurry of applicants.

SUBS & DONATIONS

Headway’s Financial Year 1 July 2024 to 30 June 2025:

New subs due 1 July 2024

\$5 or \$10 family.

- Headway bank account number: 03 0445 0195410-00
Please include your name as reference.

THE MORE HEADWAY FINANCIAL MEMBERS WE HAVE THE MORE GRANTS WE RECEIVE FROM FUNDING TRUSTS

**Headway gratefully accepts donations direct to our
Account 030445 0195410 00**

Contact Headway office on 07 572 4547 or Gill 021 333 900 or click below to donate via our Give a Little page.



Headway acknowledges support and funding assistance from Lottery Grants, COGS, Lion Foundation, NZ Community Trust, Pub Charity, WBOP Disability Support Trust, Mt RSA, and Ministry of Health. Lions Papamoa, Lions Greerton, Lions Harbour City, Lions Katikati, Tauranga Rotary Trust; Good OP Shop Presbyterian, TECT, St George Centrepoint, Endeavour, Legacy Trust.

Thank you to the many retailers allowing donation boxes on their counters. SHOUT OUT TO- Te Puke Hotel and Mitre 10 Te Puke – supporting Headway donation boxes for many years.

QUOTABLE QUOTES

“Look back and get experience. Look forward and see hope. Look around and find reality. Look within and find yourself.”

COMMITTEE

S. Rutherford, J. Skelton
P. Taylor, A. Anderson
R. Slade, G. Gardner

PERSONNEL

Liaison Officer - Dianne Beveridge
Services Coordinator - Gill Gardner
Admin Officer - Jan Simpson



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Headway Brain Injury Assn BOP Inc

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